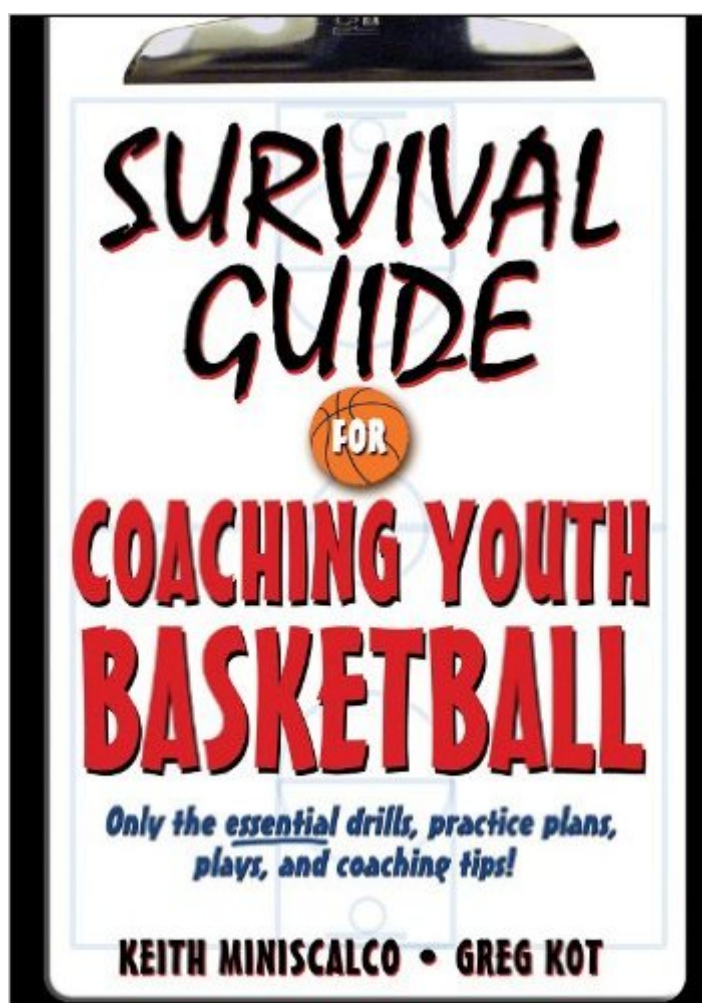


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# Survival Guide For Coaching Youth Basketball: Only The Essential Drills, Practice Plans, Plays, And Coaching Tips!



## Synopsis

You volunteered to coach the basketball team, but are you really ready? How will you teach the fundamental skills, run effective practices, and harness the energy of your young team? Fear not: *Survival Guide for Coaching Youth Basketball* has the answers. In *Survival Guide for Coaching Youth Basketball*, longtime coaches Keith Miniscalco and Greg Kot share their experience and provide advice you can rely on from first practice to final shot. From evaluating players' skills and establishing realistic goals to in-game coaching tips, it's all here—the drills, the plays, the fun. Develop your team's dribbling, passing, shooting, and rebounding skills with the *Survival Guide's* collection of the game's best youth drills. For plays and sets that young teams can actually run, flip to the *Survival Guide's* offensive and defensive playbook. And to get the most out of every practice, follow the ready-to-use practice plans. *Survival Guide for Coaching Youth Basketball* has everything you need for a rewarding and productive season. v

## Book Information

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## Customer Reviews

As a parent who has a couple of kids playing youth and high school basketball, I have found the *Survival Guide for Youth Basketball* both a quick and informative read on the fundamentals for coaching kids. It is a great source of information and philosophy that coaches and prospective coaches can/should use to help with the coaching of young players. One of the best qualities of this book is its ability to explain the rationale of the various drills and suggested practice routines. Coaches can use these to help explain to young players (and their parents) the necessity of learning the fundamentals before going on to the more advanced aspects of the game. This is especially useful as most young players want to focus on their scoring and shooting, at the expense

of good ball handling and defensive skills. The book has numerous drills, practice routines, and schedules that can be easily understood and incorporated by both novice and experienced youth basketball coaches. The diagrams also really help illustrate the points that the authors are trying to make. Some of the other neat aspects about the book include: \* The "Coach's Clipboard", which summarizes and helps to reinforce the key points of each chapter in the book \* The "Drill Finder" matrix, which allows the coach to easily find the specific drill(s) needed to help develop specific basketball skills \* Offensive and defensive plays and sets that can be used and understood by beginning players. The single best attribute of this book is that it provides a proven roadmap to all those parents who are getting ready to jump into a coaching role. It is a quick and informative read, and will be used by coaches as their primary reference guide for instructing young kids.

I highly recommend *The Survival Guide to Coaching Youth Basketball* to new and experienced youth (grade 3-8) basketball coaches trying to get ready for the upcoming season. As a youth basketball coach for the past six years I always find the two weeks before the season to be the most stressful time of the year. As most of us juggle work, family and coaching we can feel overwhelmed and unorganized for the upcoming season. *The Survival Guide for Coaching Youth Basketball* is the first book I have read that gets right to the point - how do I get my young kids ready for the basketball season quickly and effectively? If you are a new coach with little personal playing experience or a veteran coach looking for a way to recapture that teaching 'magic' this book is worth reading. Greg Kot and Keith Miniscalco have written their book in an easy to understand and well organized manner. They do not get overly technical nor do they insult your basketball intelligence. Buy the book, take a few hours on a Sunday (after football of course) with notepad and pen and you will be better prepared for the season.

We have two boys that are playing basketball (grades 7 and 3) and this book really helped us understand the basic skills. Both offensive and defensive skills are shown clearly. If you are a parent thinking about coaching youth basketball this is the book for you! If you are just a parent that wants to understand grade school basketball this is the book for you too! After getting this book we now know what is happening on the court when our boys play, and it makes the game so much more enjoyable. The coaches like that we understand the game better and are not "coaching" from the bleachers too! Buy this book if you are at all interested in youth basketball...you will not be sorry that you did.

I wanted a book to help me remember some drills from my playing days. I've never coached BB, so I needed a reference book. This book does those things! This book is very well organized. There is a very good table in the front of the book that lists all of the drills that are in the book. It states what each drill focuses on (Passing, Shooting etc.), difficulty level of the drill (3 of them) and of course the page. This makes it very easy to find drills for a specific skill set. If you have never coached kids before, this book also gives some advice on what to expect when coaching younger kids that are NOT related to sports (like bathroom breaks, keeping kids focused etc..) I have coached younger kids in other sports, so I skipped this section. The graphs and diagrams of the drills are very easy to understand. They do a step by step approach and even give you some suggestions on how to increase the difficulty level of the drill. I am glad I bought it.

This guide will do as it says, guide you through the starting phases of the game of basketball and into a place where you can understand the game. Then as you start advancing your knowledge you'll begin to pick up more information you read and apply the instructional part of this guide as well as the great coaching advice it gives. You'll see as you read this guide is far from bias, the wording as you will see uses her team etc..... So this was written through someone's mind that understood and is well capable of coaching and knowing the game also. You can't argue the price nor the valuable information that is shared and passed onto you through the author's coaching and love of the game. Super drills and the book will talk about and reinforce the things you witness that some coaches will miss in all sports, it's a GAME & for the KID'S to LEARN! So I hope this little blurt helps you and you won't go wrong putting the few dollars out to enhance your already broad coaching spectrum or the new coach that is looking to learn the right way to tackle a sport like Basketball, that isn't just about showing kid's how to bang a ball off the floor and then throw an orange ball at a ring on a board! Enjoy, good luck and healthy seasons, you'll like this guide!

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